You asked.... WE LISTENED!

Our innovative member program includes preventative care, prescription plans, telemedicine and medical cost sharing.

What our members are saying

✓ “The healthcare is the same I have always had, but half the price. Thank you so much!”
✓ “My Sedera rep has been responsive and extremely helpful with my claims. I also like the 2nd MD service. I couldn’t be happier with the plan.”
✓ “You definitely have the right idea and the program is well thought out.”
✓ “Thanks for all you do! This has been an incredible health care option.”

Real life plan member savings

- Individual in Washington, DC- saving $497 or 55% per month
- Family of four in Lafayette, CA- saving $1,225 or 64% per month
- Couple in Douglasville, GA- saving $1,395 or 61% per month
- Individual in Gaithersburg, MD- saving $390 or 64% per month

82% meets their needs very or extremely well
9 in 10 find high value for their money
73% extremely likely to recommend
99% of customers find us very or extremely responsive

91% of our Program Participants are very or extremely satisfied

PLEASE NOTE: Sedera Medical Cost Sharing is NOT insurance and is not issued or offered by an insurance company. While every effort is made to meet member’s medical needs, Sedera does not guarantee payment of any medical expense. The GAIA Healthcare Program is currently unavailable in VT and ID.